

Sussex Minor Hockey Association COVID-19 Operational Plan

Date : September 24th, 2020 – March 31st, 2021

Location: 8th Hussars Sports Center, 8 Leonard Dr, Sussex, NB E4E 2N7

Action Item	Details of Implementation	How is it communicated?	Status
Decision Making			
<p>Sussex Minor Hockey Association Communications officer will work in consultation with representatives from Hockey New Brunswick and the facilities management.</p> <p>Sussex Minor Hockey Associations Communications Officer will then work with “Team Liaisons” to provide updates, which will filter the information to parents/ guardians and participants.</p>	<p>Ongoing communication with facility management/ Hockey New Brunswick.</p> <p>Regular updates to parents/ guardians through email/ MHA website and Social Media</p>	<p>Email to team Liasons, SMHA website, Social Media</p>	
Physical Distancing			
<p>Limit the amount of traffic in the facility</p>	<p>Arrive no more than 15 minutes before scheduled ice time and leave immediately after.</p> <p>The Lobby will be restricted to flow through traffic only. Spectators waiting for their players to finish are not permitted to wait in the arena</p>	<p>Email</p>	
<p>Limit the amount of time spent in dressing rooms</p>	<p>Dressing rooms are currently not available in Phase 1 of arena opening. Groups are expected to arrive at the arena with all gear on, with the exception of skates. Chairs will be set up in the arena for users to put on skates</p>	<p>Email</p>	

Sussex Minor Hockey Association COVID-19 Operational Plan

Distancing amongst spectators	<ul style="list-style-type: none"> - Maximum four spectators per player - Must maintain physical distancing of a minimum of 2 meters, unless community masks are worn - Recommend that all spectators bring a mask - All spectators are limited to the “stands” and will not be permitted to view the activity from any other area within the arena. - Spectators must be seated. Spectators are not permitted to watch on-ice activities standing beside the glass, or by standing by the railing above the seats. 	Email	
Masks	<p>If physical distancing cannot be followed, its recommended to wear a non-medical mask</p> <ul style="list-style-type: none"> - In dressing rooms when available - On benches - Attending to an injured player 	Email	
Off ice team warm ups	<p>Coach should ensure physical distancing is practiced. No sharing of warm-up equipment</p>	Email	
On Ice activities	<p>Teams are to follow the phases which have been developed by Hockey New Brunswick</p>	Email	
Traffic flow	<p>Members are to follow the traffic flow for the 8th Hussars Sports Center. See Appendix E</p>	Email	
Benches	<p>4 players on the bench at one time</p>	Email	
Penalty Box	<p>Only 1 player allowed in a penalty box</p>	Email	

Sussex Minor Hockey Association COVID-19 Operational Plan

Health and Respiratory Hygiene			
Promote frequent hand washing	Players are recommended to wash their hands before and after ice sessions Hand sanitizer can be used if there's no access to water	Government produced signage	
Hand washing stations	Washrooms are equipped with hot/cold running water, paper towels and hand soap	Government produced signage	
Good respiratory hygiene/cough etiquette	Keeping yourself and others from getting sick signage is posted throughout the common spaces.	Government produced signage	

Sussex Minor Hockey Association COVID-19 Operational Plan

Additional hygiene guidelines	<ul style="list-style-type: none"> - Minimize going in and out of doors. Facility doors are considered a high risk touch point - No sharing of drinks - A towel should be used for emergencies only - No spitting - No blowing the nose without tissue - Pre game and post game handshakes have been eliminated - Showers are not available - Wash your hands after using restrooms with soap and water for at least 20 seconds. Use alcohol- based hand sanitizer(minimum 60% alcohol content) if soap and water are not available - No food or beverages is to brought into the facility with the exception of water for the participants - Players are to have a labelled water bottle when participating in the activity. Players should wash water bottles after each session. 	Email	
Screening and Monitoring			
Pre-screening	All members are to do the screening questionnaire (Appendix D).	Government of NB covid-19 screening tool (appendix D)..	
Sickness	If a participant does not feel well, they should stay home and advise the coach. All those participating in or attending a hockey activity should stay home if sick	Email	

Sussex Minor Hockey Association COVID-19 Operational Plan

Contact Tracing			
Contact Tracing	Teams to take attendance of participants for each ice time; In case there is a positive test among the members (Appendix C)	In person at arena by Covid liaison	
Cleaning and Sanitizing			
Equipment	Some equipment should be washed(jerseys, pant shells, mouth guards, socks) after each training session following manufacturers guidelines	Email	
Facility	Commonly touched surfaces will be cleaned & disinfected at least twice a day by the city. Benches, ice rink gate handles, chairs and the announcer booth are to be sanitized between each user group by the city. Unless any of these areas are not used between two groups	Email	
Washrooms	Washrooms will be cleaned & sanitized on a regular basis by the city through out the day, at least twice daily	Email	
Recommended Return to Play Procedures			
Steps to follow	Appendix B	Email	
Positive COVID-19 test in hockey environment	Appendix A	Email	

Sussex Minor Hockey Association COVID-19 Operational Plan

ADDITIONAL RESOURCES:

- COVID-19 Operational Plan Guide
<https://www2.gnb.ca/content/dam/gnb/Departments/eco-bce/Promo/covid-19/covid-op-plan-guide.pdf>
- Work Safe NB – Embracing the new normal
<https://www.worksafenb.ca/media/60996/embracing-the-new-normal.pdf>
- Hockey Canada Safety Guidelines
https://hnb.ca/images/hnb/pdf/HC_RTH_SafetyGUIDELINES_8.5X11_ENG_FINAL.pdf
- Hockey New Brunswick Return to Hockey Guidelines
https://hnb.ca/images/hnb/2020/pdf/HNB_Return_to_Hockey_guideline1.pdf

APPENDICES

Appendix A – [Positive COVID-19 test in hockey environment](#)

Appendix B – [COVID-19 Return to Play Procedure](#)

Appendix C – [Contact Tracing Registry](#)

Appendix D – [Government of NB, COVID-19 Screening Questionnaire](#)

Appendix E – Traffic Flow of 8th Hussars Sports Center

**Sussex Minor Hockey Association
COVID-19 Operational Plan
Appendix E – Traffic Flow of Arena**

Entrance to arena via main doors at the front of the building.
Participants are given dressing rooms, and all family members must sit in the assigned seating area with those dressing rooms (blue, yellow, green, and red)
All participants are to exit the arena via their assigned exits.

